

# THE SILVER THREAD

VOLUME 12 ISSUE 1 715~839~4909 JANUARY/FEBRUARY 2009  
L.E. PHILLIPS SENIOR CENTER ~ 1616 BELLINGER STREET ~ EAU CLAIRE  
[www.lephillipsseniorcenter.com](http://www.lephillipsseniorcenter.com)

## A note from the Executive Director

Dear L.E. Phillips Senior Center Participants,

As 2008 comes to a close, the staff has been busy reviewing a year full of activity in a wide range of programs at the Center. This information is used by staff to plan programs, reviewed by the city/county and United Way who fund us, and to provide the basis for many other decisions. This being said, as we begin a new year, please take a moment to print your name on every sign up sheet for every activity you participate in each day.

This is also the time of year that we reflect back on how fortunate we are to have the many volunteers who share of their time and skills to each of us at the Center. All of their hours, knowledge and expertise contributed are the reason we can offer the programs and activities that we do for a minimal cost. Please be sure to take the time in 2009 to thank your instructor or helper. Your sign of appreciation goes a long way.

May each day of the coming year be vibrant and new, filled with peace and joy right from the start.

As always, my door is open for thoughts and suggestions,

Mary Pica Anderson, Executive Director of the L.E. Phillips Senior Center  
<[marypanderson@charter.net](mailto:marypanderson@charter.net)>



**Card/Board Game Afternoons**  
**Sun. Jan. 11, 1-4pm Sun. Feb. 8, 1-4pm**  
Coffee and a dessert will be served. \$1.00.



**VALENTINE'S DANCE**  
**Sat. Feb. 14, 1-4pm.**  
**tickets \$5/\$6 at the door**



**Pancake/French Toast Breakfast  
& Craft Sale**  
**Sunday, February 8<sup>th</sup> 8 -1:00pm**  
**Adults \$5 / Kids 10 & under \$3**  
Bring family & friends to the Center for "all you can eat" pancakes/French toast served with sausage, applesauce, coffee, milk & orange juice.  
Tickets are available in the office or at the door.  
**All proceeds benefit the L.E. Phillips Senior Center**

**NOTE: Center closed ~ New Year's Holiday Wed. Dec. 31 and Thurs. Jan. 1**  
**There will be NO MEAL served at the Senior Center on Mon. Jan. 19.**

**REMINDER: The Center is closed when the Eau Claire public schools are closed due to bad weather. If you are able to park further away from the Center and can walk, it would be appreciated.**

## Program Changes/Updates

**Dinner & a Movie** - movie starts at 10:30am with a short break for lunch at 11:30am. Be sure to call Senior Dining at 839-4886 by 3:00pm the day before to register for meal.

### Upcoming features are:

- \* Fri. Jan. 9 ~ The Benny Goodman Story
- \* Tues. Jan. 27 ~ True Women
- \* Fri. Feb. 13. ~ Royal Wedding
- \* Tues. Feb. 24 ~ Father of the Bride

**Bible Study** ~ Mon. at 9:30am. Open to all faiths. Marshall Hall will lead Bible Study starting Jan. 5 – Feb. 23, the group will explore the Book of Daniel.

**Book Club ~ Wed. Jan. 28, 1:00pm, "Bleeding Kansas", by Sara Paretsky.**- three Kansas families who in the past were united by their opposition to slavery, but in the present disagree about almost everything from religion to organic farming.

**Wed. Feb. 25, 1:00pm, "Beethoven Was One-Sixteenth Black and other stories", by Nadine Gordimer.** In this book, which contains eleven essays or short stories, Gordimer explores the boundaries of race, identity, politics, memory, and love.

**AARP TAX SERVICES** – Start Feb. 2. If you are a resident of EC County, a senior living in Senior housing and are low income, you qualify for this service. Please call the office 839-4909 to make an appointment **NOTE: this service is not for the completion of complex forms such as farm and/or business.**

**Walking the Halls/Gym of the Chippewa Valley**

**Montessori Charter School** is available to seniors from 8-9am M/F through May 30 during scheduled school days. Sign-in at the school's front office is required.

**Open Gym at the Chippewa Valley Montessori Charter School** is available on Tues, 9-10am. Sign-in at the school's front office.

**WISH LIST:** Please call the office by Jan. 20 if you are interested in these types of SO/Classes/Events:

### **SO – (Senior Opportunity)**

- \* Choosing the Right Dog
- \* Discussion Group on the Constitution
- \* Culinary Arts: what area/topic?

### **Class –**

- \* Training a Companion Dog
- \* Beg., Intermediate, or Bridge Convention Lessons
- \* Learn to use the Social Security Website

### **Event/Program–**

- \* Spa Day- (a pampering and educational experience event in late spring/early summer)
- \* Trip to UWEC Planetarium
- \* Scheduled social dance during weekday (music by CD, etc)

**NEW PROGRAM - Word Mania** Stimulating your brain is vital to good health. Word Mania is a chance to use a variety of word games and easy trivia to challenge your mental power (brain) in easy, fun, and social ways. No sign up is necessary, come and join the group. 2<sup>nd</sup> and 4<sup>th</sup> Wed. 1-3pm Leader Name: Marge Little  
Fee: \$1.00m/\$1.50nm

Senior Dining



aging & disability  
**RESOURCE CENTER**  
of Eau Claire County

### **Join us for lunch!**

**When: Monday through Friday at 11:30am.**

**Why: To gather with friends and have a great meal!**

**Who: Anyone 60 years of age or older and their spouse, regardless of age**

**Cost: We ask for a \$3.25 donation.**

~ Reservations are required for the meals by 3:00pm one day in advance. Please call 839-4886 or visit Diane, the Site Manager at the Center daily at lunchtime.

~ Menus are posted in the dining room at the Center, in the monthly ADCRC of Eau Claire County Newsletter, or on the web: [www.co.ec-claire.wi.us/agingdepartment](http://www.co.ec-claire.wi.us/agingdepartment)

**Lunch & Learns** (call 839-4886):

**Jan. 21 - Sacred Heart Hospital**

**Feb. 26 – Smart Choices in Retirement**

**Birthday Celebrations** New at the Center, recognition for those celebrating a birthday will be held at our monthly Birthday Party on the 1<sup>ST</sup> Wed. of each month at 12:00 following lunch. Cake provided by Dairy Queen on Birch Street.

**FYI: The Platinum Pass** is a free lifetime pass to all district activities at all schools in the EC Area School District. It is good for athletic, music and theatrical activities. You need to be a resident of the EC Area School District and 62 years or older to receive a pass. Passes CANNOT be used for sold out inner city athletic match-ups as well as WIAA tournament games. Passes can be obtained at the Superintendent's Office at 500 Main St Applications are also available at the Senior Center and the public library and can be mailed in to receive a pass.

**UWEC International Students** will be doing presentations about their homeland throughout the winter and spring. We are working with students from Mongolia, Venezuela, Nepal, Austria, and China. Watch for their upcoming presentations in Senior Opportunities.





**Senior Opportunities** *Please sign up at least 1 week in advance in the Center office or call 839-4909. These programs are designated by a "\*" before the title on the calendar, are about an hour in length, are free of charge, and require pre-registration. Sign up is appreciated so we can inform the speaker of number of the persons planning to attend. Presentations may be cancelled if there is not sufficient interest.*

## **January**

**\*Caregiver Wellness Program** will explore caregivers stress and provide tools for recognizing and strategies to deal with stress. Wed. Jan. 7, 12:00pm

Presenter: Karren Gunderlach

**\*Macular Degeneration Update** will be presented by Dr. Aveen Banich, Ophthalmologist, Midelfort Clinic. Thurs. Jan. 8, 12:00pm

**\*Free Five Minute Massages** will be provided by Alexander Arp, Chiropractic Assistant on Mon. Jan. 12 from 9:15-11:15am. No need to schedule an appointment, walk-ins welcome. This is a good time to give massage a try!

**\*Seed Selection Tricks and Tips** Bring your seed catalogs for a round table discussion of common and unusual seeds you have tried or would like to try. Enter a group seed order if you'd like.

Tues. Jan. 13, 9:30am Presenter: Bob Stitt

**\*Adventures in EC History** Frank Smoot from the Chippewa Valley Museum will show some fabulous old photos and talk about our fascinating local history.

Wed. Jan. 14, 12:00pm

**\*Wound Healing Services** Presenter will explain the new Wound Healing Center and its specialized program for people who have wounds that will not heal.

Tues. Jan. 20, 12:00pm

Presenter: Linda Shurden, RN, Amery Wound H. C.

**\*Ms. WI 2008 Senior American Visit**

Judie Ohm, will be here to share her experience about the pageant held in Oct. 2008, at Harrah's Resort in Atlantic City, NJ. Wed. Jan. 21, 10:00-11:30am

**\*Scanning Old Photos** Bring your photos in to be scanned into a digital format and saved onto a flash drive. Wed. Jan. 21, 8:30-3:00pm. Call for an appointment. There will be a small fee for photos.

Presenter: Ruth Solberg

**\*Origins and Consequences of Conflict in the Democratic Republic of the Congo**

This presentation examines the complicated history of the current crisis in the Democratic Republic of the Congo and its implications on the geography and peoples of central Africa. Fri. Jan 23, 12:00pm

Presenter: Ezra Zeitler, PhD

**\*Medicine Check with Pharmacist** This is an opportunity to bring all your medicines and review them with the guidance of a pharmacist. Call the Center for an appointment. Walk – ins will be accepted if space available. Fri. Jan. 23, 12:30-3:30pm

Presenter: John VanDeVoort, Pharm. D, Director of Pharmacy, SHH

**\*Energy Efficiency & Renewable Energy** Presenter will discuss sources of energy, heating and cooling of building structures and renewable energy.

Wed. Jan. 28, 12:00pm

Presenter: Tom Bachmeier, Excel Energy

## **February**

**\*The Lower Chippewa River: A World Class Natural Area** The Chippewa River from ECI to the Mississippi River is a dynamic river. Since the last ice age, its actions have helped create, and continue to shape, the unique and special landscape of the Lower Chippewa Valley, a veritable world-class natural area in our own backyard. Mon. Feb. 2, 12:00pm

Presenter: Dr. Doug Faulkner, UWEC Dept. of Geography

**\*TV Changes** What will you have to do to ensure that you will be able to watch TV on Feb 17, 2009? Now is the time to start planning for it.

Wed. Feb. 4, 12:00pm Presenter: Andrew Felix, WEAQ

**\*Mumbai** (formerly Bombay) Presenter will offer an introductory discussion on the city of Mumbai, on some significant historical moments, and socio-cultural and political processes. Thurs. Feb. 5, 1:15pm

Presenter: Ari Singh Anand, Assistant Professor, Dept. of Geography and Anthropology

**\*Life in Mongolia** The talk will be about the Mongolian culture of today as he knows it.

Tues. Feb. 10, 12:00pm Presenter: Mandakhnam Khuder, UWEC International Student

**\*Behaviors and Communications** Presentation will discuss making communication connections both verbally and non-verbally, and symptomatic behaviors and sharing of strategies to address daily care giving.

Wed. Feb. 11, 12:00pm Presenter: Karren Gunderlach

**\*Seed Starting Tricks and Tips** Join a garden round-table discussion on seed starting techniques. Bring your extra seeds to swap. Bob Stitt is a local long time gardener and will facilitate the discussion.

Wed. Feb. 18, 9:30-11:30am Presenter: Bob Stitt

**\*Origins and Consequences of Conflict in Tibet** This presentation examines history of the Tibetan homeland, the struggle for Tibetan independence from China, and impacts of China's presence in Tibet on Tibetan culture.

Wed. Feb. 18, 12:00pm Presenter: Ezra Zeitler, PhD

**\*Living Intentionally** This presentation offers tips for reinventing our lives while experiencing the bumps along life's journey. Wed. Feb, 18, 12:00pm  
Presenter: Amy Segerstrom, Healing Place

**\*Managing Conflict** The program will help everyone understand and process conflict in healthier ways. It will give new insights in recognizing universal conflict management functions all people have at their disposal.

Wed. Feb. 23, 12:00pm Presenter: Tom Fuchs, M.Ed

**\*Coin Collecting and Appraisals** Coin collecting will be discussed and presenter will appraise coins at end of presentation. Thurs. Feb. 26, 10:00am.

Presenter: Brian Zinn, owner of General Coin and Stamp

## Cell Phone Recycling Fundraiser

Keep reminding friends and family to donate their old cell phones. Besides keeping cell phones out of landfills it helps us raise money for the Center.

## Shredder Available

Prevent identity theft. A shredder is available for your use at the Center to destroy documents containing personal information.

*"The Senior Center offers the opportunity to get fit when I couldn't afford to go someplace else." - senior fitness center participant*

## Open Fitness Center - M/F from 8-4pm

(not available M/W/F between 8:30-9:30am)

Purchase an unlimited pass in the office for \$5 per month.

"Fitness is Ageless". We offer a variety of cardiovascular equipment including: treadmills, exercise bikes, recumbent stepper, recumbent bike, various strength training stations, resistance bands, dumbbells, and pace machines that provide opportunities for a full-body workout.

~ Question? Call the office at 839-4909.

~ It takes approx. 1 hour to be trained on how to use fitness equipment by Mary Mero; please bring a notebook. Mary is available on M/W from 9:30-11:00am & T/Th from 9-11:00am.

## Fitness Programs

Circuit Class ~ M/W/F 8:30-9:30am

Strength Class ~ M/W/F 9:35-10:35am

### Punch Card Fee:

~ \$10m/\$15nm for 5 use card

~ \$25m/\$35nm for 15 use card (no expiration date)

~ Purchase monthly punch card in the Center office.

### ALL Fitness Center Participants:

~ Remember to drink a lot of water to hydrate while exercising.

~ Wear a good pair of tennis shoes to exercise in,  
NO street shoes allowed on equipment.

*Come and join the actively aging at the LEPSC!!!*

**For those of you who grocery shop at  
Gordy's Country Market**

**save your receipts, bring them to the  
Center, and at the end of the year they give  
us 1 percent back...this is a great way to  
support your Center!**

**THANK YOU... Helen Gibson for  
submitting these receipts for us!!!**

## L.E.P.S.C. WISH LIST

Please call us at 839-4909 if you want to donate items not listed to be sure there is a need.

**Thank you!**

- 6" paper or foam plates and 12-inch Chinnet plates
- 8.5 oz. styro-foam cups and plastic forks
- used sympathy and get well cards
- instant oatmeal packets
- Ziploc Baggies, qt, ½ gallon, and gallon sized
- 4-6qt sized clear plastic containers with covers
- small juice glasses
- regular sized carafes for serving coffee (10)
- new large dish towels and table knives for the kitchen
- small paper plates
- cake mixes, 9x13 pans, 2 wire cookie racks, timer, wax paper, baking supplies: butter, Crisco, peanut butter, sugar, light brown sugar, flour, oil, eggs, salt, baking soda, baking powder, vanilla, raisins, oatmeal, choc. chips (since our donated goodies are lacking, volunteers will be baking)

The Eau Claire Area School District's new superintendent Ron Heilmann along with Montessori principal Todd Johnson and Montessori partnership coordinator Michelle Waters will visit the Senior Center on Mon. Jan. 26 from 9:30-10:30am to answer questions about the school district. Orchestra students from North and Memorial High Schools will also perform chamber music during the staff members' visit.

**To guarantee your seat, we need to receive complete payment when signing up for the trip. We reserve the right to cancel trips if there is not enough interest.**

## **Old Log Theater presents: Unnecessary FARCE**

on Wed. Jan. 21

A comic romp about a sting operation gone haywire makes its Twin Cities premier at the Old Log Theater. Deadly bagpipes, a bumbling mayor, incompetent cops, the Highland Clan's Big Mac and the infamous Highland Hitman all converge in a hotel room where the city's new accountant discovers embezzlement. To break the case, the officers must overcome their fear of the dark, guns, and the opposite sex.

**Pick up at Trinity Lutheran Church  
is 8:15am.**

**\$55 cost includes bus, ticket & lunch**

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**Jane needs:**

- \* **Instructors and assistants** - for Level One and Level Two (formerly Beginners and Adv Beginners) Computer Classes. Generally these courses are 2hours for 8 weeks. A curriculum and written handouts are available. We are experiencing an increase in the number of persons requesting these classes and we would like to expand the number of classes offered.
- \* **Kitchen Helpers/Hostesses** - we have been blessed with many wonderful women and men helping in our kitchen and they occasionally take trips, have company, or even become ill. We need to create a Sub list of kitchen helpers and hostesses. An orientation will be provided by contacting Jane.
- \* **Senior Americans Day at UWEC on March 17<sup>th</sup>** - we would like 2-3 persons for the two shifts. Shifts are 7am -10:30am and 10:30-1:30pm. If you are a person who enjoys promoting the Center and engaging others in conversation, this is a great event for you. See Jane to sign up.

**Mary Mero needs:**

- \* **Kitchen helpers and servers for the Pancake/French Toast Breakfast on Feb. 8<sup>th</sup>**

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**We THANK ALL who helped with the Election Day Bake & Craft Sale & Cookie Walk fundraisers...**

**Bake Sale=\$341.00**

**Happy Hookers=\$345.50**

**Cookie Walk=\$850.00**

**WE COULDN'T HAVE DONE IT WITHOUT YOU!!!**

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“There are those who give with joy, and that joy is their reward.”

~ Kahlil Gibran

Volunteering is a privilege so...

- \* be accountable
- \* show up on time
- \* if you can't make it please call ahead

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**OUR THANKS FOR YOUR GENEROSITY!**  
**COMMUNITY DONORS**

Ron's Castle Foods, Hahn's Meat Market, Panera Bread,  
St. Francis Food Pantry, Cascade Paper Company

**COFFEE, TEA, BEVERAGES, SUGAR, CREAMER,  
PAPER AND PLASTIC PRODUCTS**

Bob Hanson, Faye Weiner, Mary Lund, Rod Bathke,  
Jean Janssen, Jeanette Fredrickson, Patti Mero,  
Aggie Haddeman, Isla Jane Cloutier, Mary Frank, Adam Bors,  
Jean Yule, Tom Bush, Joan Olson, Gloria McCann, June Sieg,  
Kay Evensen, Diane Breitzman, Janis Smith,  
Beatrice Peterson, Marie Brunk, Penny Helminski,  
Janice Wnukowski, Gladys Webb, Sandra Loftesnes,  
Keith & Joyce Simpson, Mary Wheeler, Virginia Fyksen,  
Carol Anderson, Jacquie Staebell, Sue Best,  
Darrel & Pat Gardow

**BAKED GOODS, FOOD PRODUCTS AND CANDY**

Marie Brunk, Mary Wheeler, Joan Olson, June Sieg,  
Aggie Haddeman, Laurie Sailer, Sandra Loftesnes,  
Kaye Peterson, Jerry Jennings, Gladys Webb

**MISCELLANEOUS, GROCERY RECEIPTS,  
BOOKS, MAGAZINES, ETC.**

Mary Mero, Dean Helwig, Faye Weiner, Gladys Webb,  
Marie Brunk, Barbara Taylor, Jean Janssen, Beulah Pedersen,  
Mary Bement, St. Bede's, Isla Jane Cloutier, Penny Helminski,  
Dick and Linda Buck, Florence Weickert,  
John & Sally Snyder, Harbor House-Paula Gibson,  
Ann Playter, Jeanette & Vic Johnson, Betty Klohs,  
Sandra Loftesnes, Volunteers of Sacred Heart,  
Jennifer Matysic, Jan Kneer

*We love to recognize those who give to L.E. Phillips Senior Center, but sometimes we slip up! To be acknowledged for having given a donation to the Center, the office must be notified of your name. If you give a donation after the 15th of any month, the notification will not show up in this newsletter, but look for it the following issue! If we happen to miss your donation, please forgive us and stop by to let us know.*

**ADRC** is a program provided by Aging and Disability Resource Center and to register through them 839-4735.

**ILR** is a program provided by UW Stout for whom we provide a room and seniors using the center are invited to attend any classes as room accommodates; for participation guaranteed they must register via UW Stout.

**FRIENDS OF L. E. PHILLIPS SENIOR  
CENTER CONTRIBUTORS**

**Individuals, families, and businesses that have included the L. E. Phillips Senior Center in their annual community giving, supporting the Mission of Eau Claire's Community Center dedicated to the 55 or better population.**

**FRIENDS ~ DONATIONS**

Susan Woo, Robert Fraser, Don and Carol Parker,  
Bob and Judy Stitt, Carol Endl, Kathryn Wickman,  
Dorothy Anderson, Dorothy Jensen, James Erb, Mary Tomashek,  
Thomas and Betty Cowley, L. Gene Moy, George Pathos,  
Western Wisconsin Urology Department, Donald Orne,  
Roger Hunt Business Services, Lewis and Linda Disque,  
Marshall and Joy Hall, Inez Campbell, Gerald and Betty Bowe,  
Mary Genz, Joseph and Joy Motto, Lois Schnor, Judy Proett,  
Dick & Linda Buck, Rich & Sarah Bauer, Fred & Arlene Steffen,  
William Oatman, Roger Hansen, Betty Cronk, Frances Heike

**IN MEMORY OF**

**Herbert Parker** by Vern & Ramona Vollendorf

**Michael J Cerasoby** by Carol Ceraso

**Lester Freid** by Bob & Jocelyn Anderson

**Ruth Becker** by Leatrice Mathison, Cleo Powers,

Elizabeth Stabenow, Mary Leirmo, John & Joann Kohlhepp,

Donna Slaske, Dorothy Mercier, Phyllis Vander Wegen,

Grant Thornton LLP, Avis Grambo, Ernest & Vicki Vogler,

Deer Condo Association

**Lee Cardinel** by Sharon Bestul, Marshfield Clinic Physicians &  
Staff - Marshfield

**Mr. & Mrs. H. J. Kovell** by Kathy Kovell-Pelman

**Virginia Dawley** by Beverly Barry

**Betty Ballard** by Del & Betty Delyea

**IN HONOR OF**

**Dale and Jacquie Staebell** by Paul Doyle Family

**Thank you for your investment!**

**WELCOME NEW MEMBERS!**

Irma Shipler, Barb Brogden,  
Clem Bluem, Barbara Lawrence,  
Rhonda Phillips, Beryle Bergh,  
Robert Hanvelt, Sylvia Meyer,  
Delores Brun, Nancy Thode,  
Rolland and Rosemary Schearer,  
Hazel Rockwood, Joseph Preston,  
Robert and Marjorie Erickson,  
Paulette Carlson, Mary Henderson,  
Diane LaPoint, Sue Thompson,  
Stanley and Kay Norman,  
Elaine Wendt, Frank Bartosh,  
Doreen Anderson, Bonnie Franzwa,  
Vera Peterangelo, Barbara Eick,  
Jann Kohlhepp, Robert Schummer,  
Tom Winenger, William Metz,  
Dale Farley, Jean Wahl, Gary Mahlum,  
Victor Corsie, Robert and Mary LaNou,  
Jane Arnstad, Sharon Farley,  
Hector Acosta, John Snyder,  
Thekla Johnson, Bartosh, Margie,  
Peter and Mary Birschbach,  
Barbara Teasdale, Marion Reali,  
Jeanette Suchla, Carole Berg,  
Thomas Cowley, Harold Harris,  
Rodger and Audrey Tweet,  
James Thompson, Allen Peuse,  
John Hallquist, Duane Lantzer

**SUSTAINING MEMBERS**

Sharon Fleming, Celeste Luedtke,

LeRoy and Jean Tibbitts,

David Mickelson,

Agnes (Mac) Schroer, Susan Girnau,

Beatrice Hill, Jacqueline Belka

**As a new member, you may have questions or suggestions, or just want to know more about the Center. Come on in. Join us for some information, conversation and a tour of the Center.**

**CONGRATULATIONS!!!** Our RSVP group received the Senior Salute award from WQOW-TV, Miracle Ear, and Alzheimer's Assoc of EC award the week of Oct. 27. This group makes dolls, animals, and blankets for children visiting the Emergency Rooms of Luther and Sacred Heart Hospitals. Join them on Tues. at 9:30am.

**NEW NEW NEW** - If you have been in the dining area you will have noticed a few new machines. Per request of some of our participants the Center has added new coffee machines with hot chocolate and cappuccino. The machines are provided by Farmers Brother Company, and the Center purchases the products. So please be sure to deposit the appropriate amount.

**Prices: coffee 25c/ hot chocolate and cappuccino 35c**

**L.E. Phillips  
Senior Central  
1616 Bellinger Street  
Eau Claire, WI 54703**



Permit No. 2140  
Non-Profit  
Organization  
Eau Claire, WI  
54703

**Our Mission Statement**

*The L.E. Phillips Senior Center provides a place for Senior Citizens, 55 and better who reside in the City or County of Eau Claire to maintain independence, receive services and develop skills which enhance the emotional, physical and social quality of their lives.*

<p><b><u>BOARD OF DIRECTORS</u></b> John Leary, President Pete Peterson, Treasurer Calvin Quayle, Secretary Pieter Graaskamp Jim Deignan – Rick Anderson Henrietta Dickerson - Gail Hoff Denny Olson - Larry Zorn Judy Proett –Barbara Taylor Bill Milne – Randy Bestul Jodie Stoughton</p>	<p><b><u>Building Hours</u></b> <b>Mon. - Fri.</b> <b>8 - 4pm</b></p> <p><b><u>Office Hours</u></b> <b>Mon. - Fri.</b> <b>9 - 3pm</b></p>	<p><b><u>STAFF</u></b> Mary Pica-Anderson, Executive Director Phone Ext. 101 <a href="mailto:marypanderson@charter.net">marypanderson@charter.net</a> Jane Pedersen, Prog./Volunt. Coordinator Phone Ext. 103 <a href="mailto:jpedersen@charter.net">jpedersen@charter.net</a> Joni Heitz, Comm. Coordinator Phone Ext. 102 Mary Mero, Special Events/Health Maintenance Coordinator Joan Metcalf, Receptionist Phone Ext. 100 Darlene Yarrington, Office Assistant Phone Ext. 100 Mary Anderson, Housekeeper Henry Hacker, Janitorial/ Peter Stehle, Senior Aid, Janitorial</p>
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**THE SILVER THREAD** a publication of L.E. Phillips Senior Center

**Membership Application Form ~ L.E. Phillips Senior Center ~ 839-4909**  
(Please check & fill out all that apply)

---- Renewed Membership

---- New Membership

**\$20.00 per person or \$35.00 per couple - Resident of E.C. City/County**

**\$30.00 per person or \$55.00 per couple - Non-resident of City/County**

---- **Sustaining Member \$50.00** *Sustaining members provide additional financial support for the operations of LE Phillips Senior Center.*

I am a resident of \_\_\_\_\_ County.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ E-Mail: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

(Please drop off or mail to L.E. Phillips Senior Center ~1616 Bellinger St. ~ Eau Claire ~ WI ~ 54703)

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